



# Our Corporate Dining Menus

## Breakfasts à la Française

<p><b>Breakfast Platter</b> Our fresh-baked croissants, baguettes, and other French Danishes served with jams and fruit. \$6.95/ person</p>	<p><b>Complete Breakfast Platter</b> Croissants, French Danishes, fresh-baked baguette served with jam, yoghurt, cereals and fruit. \$8.50/ person</p>
<p><b>Hot Breakfasts for a Group</b> Chafing dishes featuring omelettes, morning quiches, and fresh-baked baguettes and croissants. \$12.50/ person Add Warm Crepes + \$2.50/person Add Bacon, Sausage or Ham + \$2.00/person</p>	
<p><b>Coffee, Tea and More</b> <b>Coffee or Assorted Herbal Teas</b> 10 cup.....\$16.50 35 cup.....\$45.00 50 cup.....\$62.00 100 cup.....\$115.00 <b>Fruit Juices</b> \$2.00 each</p>	

## Cold Sandwiches

<p><b>Traditional Club</b> Turkey meat, bacon, lettuce, tomato. \$5.50</p>	<p><b>Smoked Salmon &amp; Cream Cheese</b> Smoked salmon, cream cheese, lemon juice, capers. \$5.25</p>
<p><b>Pork &amp; Apple</b> Roast pork, lettuce, apple, cheese. \$5.00</p>	<p><b>Pineapple &amp; Beef</b> Alberta roast beef, pineapple, avocado purée. \$5.25</p>
<p><b>Roast Beef &amp; Potato</b> Alberta roast beef, thinly sliced potato, tomato, spinach. \$5.25</p>	<p><b>Prosciutto &amp; Brie</b> Prosciutto ham, brie, lettuce, lettuce, old fashioned mustard. \$5.50</p>
<p><b>Curried Chicken</b> Curried chicken breast, cucumber, tomato, mayonnaise. \$5.25</p>	<p><b>Ham Tartare</b> Black forest ham, lettuce, onion, capers, French mustard. \$5.00</p>
<p><b>Cool Reuben</b> Smoked meat, sauerkraut, pickles. \$4.50</p>	<p><b>Parisian Ham</b> Fresh-baked baguette, butter, ham, pickles. \$4.50</p>



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<p><b>Tuna and Sun-Dried Tomato</b> Tuna, sun-dried tomato, black olives, lettuce, fines herbs vinaigrette. \$5.25</p>	<p><b>Crab &amp; Avocado Club</b> Fresh crab meat, shrimp, avocado, tomato, mayonnaise. \$6.50</p>
<p><b>Egg Salad</b> Eggs, tomato, capers, mayonnaise, mustard, lettuce on our fresh-baked croissant. \$5.00</p>	<p><b>French Coleslaw</b> Cabbage, celery root, carrots, egg on our fresh-baked baguette. \$4.00</p>
<p><b>Greek Vegetarian</b> Cucumbers, tomato, feta cheese, black olives, touch of garlic. \$4.75</p>	<p><b>Bell Pepper Vegetarian</b> Lettuce, bell peppers, cheese. \$4.00</p>
<p><b>Vegetarian Wrap</b> Rice, bell pepper, green olives, cocktail sauce \$4.00 <b>Add ham + \$1.50</b> <b>Add chicken + \$1.75</b> <b>Add baby shrimp + \$1.75</b></p>	
<p><b>Our breads are an assortment of: white, whole wheat, multigrain, rye, fresh-baked baguette, fresh-baked croissants, bagels and wraps.</b></p>	

## Platters

<p><b>Sandwich Platter</b> Order our mixed cold sandwich platter. (1 ½ sandwiches per person) \$7.50/ person</p>	<p><b>Cheese &amp; Vegetable Platter</b> Selection of cheese served with crackers and fresh vegetable with dips. \$5.00/ person</p>
<p><b>Cold Cuts &amp; Meat Platter</b> An assortment of cold cuts including salami, roast beef, ham. \$5.00/ person</p>	<p><b>Fruit Platter</b> Assorted fresh fruit. \$3.00/ person</p>
<p><b>Pickle Platter</b> Mix of pickles with onion, beets. \$2.50/ person <b>Add Olives + \$1.00 per person</b></p>	<p><b>French Cheese Platter</b> Hand selected French cheese only, with crackers, toasts and fresh baguette. \$7.00/ person</p>
<p><b>Assorted Dessert &amp; Pastry Platter</b> A delightful selection of La Table du Chatelain petits fours, chocolate and fruit-filled cakes. \$5.95/ person</p>	<p><b>Breakfast Platter</b> Fresh –baked croissants, baguette, muffins and brioches served with butters and jams. \$6.95/ person</p>



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## Salad Menu

<p><b>Ham, avocado, grapefruit and pineapple.</b> Side size \$4.75 Full size \$9.00</p>	<p><b>Spinach and egg.</b> Side size \$3.75 Full size \$5.75</p>
<p><b>Carrot, egg and zucchini.</b> Side size \$3.75 Full size \$5.75</p>	<p><b>Chicken, avocado, carrot and corn.</b> Side size \$4.75 Full size \$9.00</p>
<p><b>Potato and bell pepper.</b> Side size \$3.50 Full size \$5.50</p>	<p><b>Chicken, rice, tomato, avocado.</b> Side size \$4.75 Full size \$9.00</p>
<p><b>Coleslaw.</b> Side size \$3.50 Full size \$5.50</p>	<p><b>Greens, tomato, egg, cheese and ham.</b> Side size \$4.75 Full size \$9.00</p>
<p><b>Authentic Caesar with anchovies.</b> Side size \$3.75 Full size \$5.75</p>	<p><b>Green mixed.</b> Side size \$3.50 Full size \$5.50</p>
<p><b>Shrimp, rice, cucumber and tomato.</b> Side size \$4.75 Full size \$9.00</p>	<p><b>Crab meat, shrimp, soy and pineapple.</b> Side size \$4.75 Full size \$9.00</p>

## Hot Lunch & Informal Dinner Menu

Provided as individual portions or priced per person for larger groups.

<p><b>Beef Bourguignon</b> Traditional French stew with red wine, mashed potatoes, mushroom, carrot. Mixed green salad. \$12.00/ person</p>	<p><b>Beef Parmentier</b> Gratin of ground beef, with mashed potatoes, carrots and peas. Mixed green salad. \$7.00/ person</p>
<p><b>Lamb Navarin Stew</b> Lamb stew with spring vegetables. Mixed green salad. \$10.00/ person</p>	<p><b>Normandy Chicken Breast</b> Chicken breast with apple, cider and tarragon sauce. Mixed vegetables. Mixed green salad. \$10.00/ person</p>
<p><b>Macaroni and Duck</b> Creamy macaroni layered with house made duck confit. Mixed green salad. \$12.00/ person</p>	<p><b>Bacon Quiche</b> Bacon, mushroom, leek quiche. Mixed green salad. \$7.00/ person</p>
<p><b>Vegetarian Cannelloni</b> Mushroom, spinach, cheese, pine nut. Mixed green salad. \$7.00/ person</p>	<p><b>Vegetarian Bouillabaisse</b> Spinach, leek, onion, tomato, potato, saffron. \$7.00/ person</p>



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<p><b>Salmon Filet en Papillote</b> Salmon filet, leek, lemongrass. Wild rice. Mixed green salad. \$10.00/ person</p>	<p><b>Basque Tuna Medallion</b> Tuna braised with tomato, bell peppers. Basmati Rice. Mixed green salad. \$12.00/ person</p>
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## Delectable Desserts

<p><b>Chocolate Mousse</b> Jean-Paul's famous Belgian dark chocolate mousse. \$6.00</p>	<p><b>Three chocolate terrine</b> Served with espresso crème anglaise on the side. \$6.00</p>
<p><b>Crème Brulée</b> The original. \$5.00</p>	<p><b>Coconut frozen mousse</b> Served with banana sauce on the side. \$6.00</p>
<p><b>Crème Caramel</b> Luscious portion served with classic caramel sauce. \$4.00</p>	<p><b>Assorted pastries</b> Petits fours, chocolate and fruit cakes. \$5.95/ person</p>
<p><b>SPECIALTY CAKES</b> Our French-born and trained pastry chef can make cakes for birthdays, anniversaries, company milestones and more. All are custom-made to suit your palate, the season, the occasion and your budget. \$4.00/ person and up</p>	

## Beverages

<p><b>Pop, spring water, juice, carbonated drinks</b> \$2.00 each</p>	<p><b>Coffee or Assorted Herbal Teas</b> 10 cup.....\$16.50 35 cup.....\$45.00 50 cup.....\$62.00 100 cup.....\$115.00</p>
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# Our Corporate Dining Menus

## For the Office Canteen – Food-to-Go From Freezer to Microwave or Oven

Our frozen food-to-go, *Chez Vous, Everyday* offers a great way to combine excellent taste with the added bonus of heating & serving your own lunch or dinner. Buy an assortment and heat & serve them in the office microwave or oven, or keep some in the office kitchen to provide nutritious meals for people putting in long days at the office.

<p><b>Soups – Individual Servings</b> Split Pea/Garlic/Red Beet/Carrot Ginger/Butternut Squash/Asparagus \$4.00 each</p>	<p><b>Classic French Onion Soup</b> Rich onion soup made with La Table du Chatelain croutons &amp; cheese. \$6.00 each</p>
<p><b>Beef &amp; Cheese Lasagna</b> 100% Alberta beef with a variety of cheeses; generously portioned. \$11.00 each</p>	<p><b>Boeuf Bourguignon</b> Traditional French stew with red wine, mashed potatoes, mushroom, carrot. \$11.00 each</p>
<p><b>Lamb Navarin Stew</b> Lamb stew with spring vegetables. \$11.00 each</p>	<p><b>Beef Parmentier</b> 100% Alberta gratin of ground beef, with mashed potatoes, carrots and peas. \$6.00 each</p>
<p><b>Crème Caramel</b> Flip it over and enjoy the caramelised sauce that gives this dessert its name. \$4.00 each</p>	<p><b>Crème Brûlée</b> Serve cold or reheat to enjoy this creamy French classic. \$5.00 each</p>
<p><b>Three Chocolate Terrine</b> Served espresso crème anglaise on the side. \$6.00 each</p>	<p><b>Hazelnut Mousse</b> With caramel sauce a la Fleur de Sel. \$6.00 each</p>
<p><b>Tarte Tatin</b> An apple &amp; puff pastry sensation. \$6.00 each</p>	<p><b>Coconut Frozen Mousse</b> Served with banana sauce.. \$6.00 each</p>
<p><b>Jean-Paul's Chocolate Mousse</b> Our clients' favourite. Rich, chocolate flavour using the finest French &amp; Belgian chocolate. \$6.00 each</p>	



# Our Corporate Dining Menus

## Order Form

Please fax your order to 403.277.5569 or scan and email to [orders@tableduchateelain.com](mailto:orders@tableduchateelain.com)

Please allow 24 hours notice for delivery.

<b>Company Name:</b>			
<b>Contact:</b>			
<b>Billing Address:</b>			
<b>Delivery Address:</b>			
<b>Telephone:</b>		<b>Fax:</b>	
<b>Email:</b>			
<b>Delivery Date:</b>			
<b>Delivery Time:</b>			
<b>Is there Commercial Parking available? Please describe.</b>			
<b>If downtown, please provide cross-street for parking arcade entrance.</b>			
<b>Payment Details (please provide details)</b>			
<b>Amex:</b>			
<b>Visa:</b>			
<b>MasterCard:</b>			
<b>Corporate Cheque (please call us for a credit application)</b>			
<b>Cash</b>			

**Merci et bon appetit!**



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<b>French Breakfast Items</b>	<b>Price</b>	<b>Quantity</b>
Breakfast Viennoiserie Platter	\$6.95/person	
Breakfast Crepe Platter	\$6.95/person	
Hot Breakfast for a Group	\$12.50/person	
Hot Breakfast & Warm Crepes	\$15.00/person	
Hot Breakfast & Bacon	\$14.50/person	
Hot Breakfast & Sausage	\$14.50/person	
Hot Breakfast & Ham	\$14.50/person	
<b>Lunch Sandwiches</b>	<b>Price</b>	<b>Quantity</b>
Traditional Club	\$5.50/person	
Smoked Salmon & Cream Cheese	\$5.25/person	
Pork & Apple	\$5.00/person	
Beef & Pineapple	\$5.25/person	
Roast Beef & Potato	\$5.25/person	
Proscuitto & Brie	\$5.50/person	
Curried Chicken	\$5.25/person	
Ham Tartare	\$5.00/person	
Cool Reuben	\$4.50/person	
Crab & Avocado Club	\$6.50/person	
Egg Salad	\$5.00/person	
French Coleslaw	\$4.00/person	
Greek Vegetarian	\$4.75/person	
Bell Pepper Vegetarian	\$4.00/person	
Vegetarian Wrap	\$4.00/person	
Vegetarian Wrap & Ham	\$5.50/person	
Vegetarian Wrap & Chicken	\$5.75/person	
Vegetarian Wrap & Baby Shrimp	\$5.75/person	
<b>Platters</b>	<b>Price</b>	<b>Quantity</b>
Breakfast Platter	\$5.95	
Sandwich Platter	\$7.50	
Cheese & Vegetable Platter	\$5.00	
Cold Cuts Meat Platter	\$5.00	
Pickle Platter	\$2.50	
Pickle Platter & Olives	\$3.50	
French Cheese Platter	\$7.00	
Assorted Dessert Platter	\$5.95	
<b>Salad Menu</b>	<b>Price</b>	<b>Quantity</b>
Ham, avocado, grapefruit & pineapple	Side: \$4.75	
	Full: \$9.00	
Spinach & egg	Side: \$3.75	



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	Full: \$5.75	
Carrot, egg & zucchini	Side: \$3.75	
	Full: \$5.75	
Chicken, avocado, carrot & corn	Side: \$4.75	
	Full: \$9.00	
Potato & bell pepper	Side: \$3.50	
	Full: \$5.50	
Chicken, rice, tomato & avocado	Side: \$4.75	
	Full: \$9.00	
French Coleslaw	Side: \$3.50	
	Full: \$5.50	
Greens, tomato, egg, cheese & ham	Side: \$4.75	
	Full: \$9.00	
Authentic Caesar salad with anchovies	Side: \$3.50	
	Full: \$5.75	
Green mixed	Side: \$3.50	
	Full: \$5.50	
Shrimp, rice, cucumber & tomato	Side: \$4.75	
	Full: \$9.00	
Crab meat, shrimp, soy & pineapple	Side: \$4.75	
	Full: \$9.00	
<b>Hot Lunches &amp; Informal Dinners</b>	<b>Price</b>	<b>Quantity</b>
Beef Bourguignon & Green Salad	\$10.00/person	
Beef Parmentier & Green Salad	\$7.00/person	
Lamb Navarin Stew & Green Salad	\$10.00/person	
Normandy Chicken Breast, Vegetables & Green Salad	\$10.00/person	
Macaroni & Duck Confit & Green Salad	\$12.00/person	
Bacon Quiche & Green Salad	\$7.00/person	
Vegetarian Cannelloni & Green Salad	\$7.00/person	
Vegetarian Bouillabaisse	\$7.00/person	
Salmon Filet en Papillote, Rice & Green Salad	\$10.00/person	
Basque Tuna Medallion, Rice & Green Salad	\$12.00/person	
<b>Delectable Desserts</b>	<b>Price</b>	<b>Quantity</b>
Crème Caramel– Individual	\$4.00	
Crème Brulée– Individual	\$5.00	
Three Chocolate Terrine – Individual	\$6.00	
Coconut Frozen Mousse – Individual	\$6.00	
Hazelnut Mousse – Individual	\$6.00	
Jean-Paul’s Chocolate Mousse – Individual	\$6.00	



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<b>For the Office Canteen – Frozen Food-to-Go (All portions individually sized)</b>	<b>Price</b>	<b>Quantity</b>
Split Pea Soup – Individual	\$4.00	
Garlic Soup – Individual	\$4.00	
Red Beet Soup – Individual	\$4.00	
Carrot Ginger Soup – Individual	\$4.00	
Butternut Squash Soup – Individual	\$4.00	
Asparagus Soup – Individual	\$4.00	
French Onion Soup – Individual	\$6.00	
Beef & Cheese Lasagna – Individual	\$11.00	
Boeuf Bourguignon – Individual	\$11.00	
Lamb Navarin – Individual	\$11.00	
Beef Parmentier	\$6.00	
Crème Caramel – Individual	\$4.00	
Crème Brulée – Individual	\$5.00	
Three Chocolate Terrine – Individual	\$6.00	
Hazelnut Mousse – Individual	\$6.00	
Coconut Frozen Mousse – Individual	\$6.00	
Tarte Tatin – Individual	\$6.00	
Jean-Paul’s Chocolate Mousse – Individual	\$6.00	